

Understanding Systems of Oppression

Privileged Agent Groups	Oppressed Target Groups	System of Oppression
White	People of Color / Mixed Race	Racism
Non-Native American	Native American	Colonialism
Cisgender Man	Cisgender Woman, Trans* and Intersex	Sexism
Wealthy	Poor and Working Class	Classism/Capitalism
Christian	Non-Christian	Christian Hegemony
Heterosexual	Lesbian, Gay, Bi, Queer	Heterosexism
Citizen	Non-Citizen	Nationalism
Non-Disabled/Able-Bodied	Disabled	Ableism
Middle Aged	Youth and Elders	Ageism
Formally Educated	Non-Formally Educated	Elitism

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